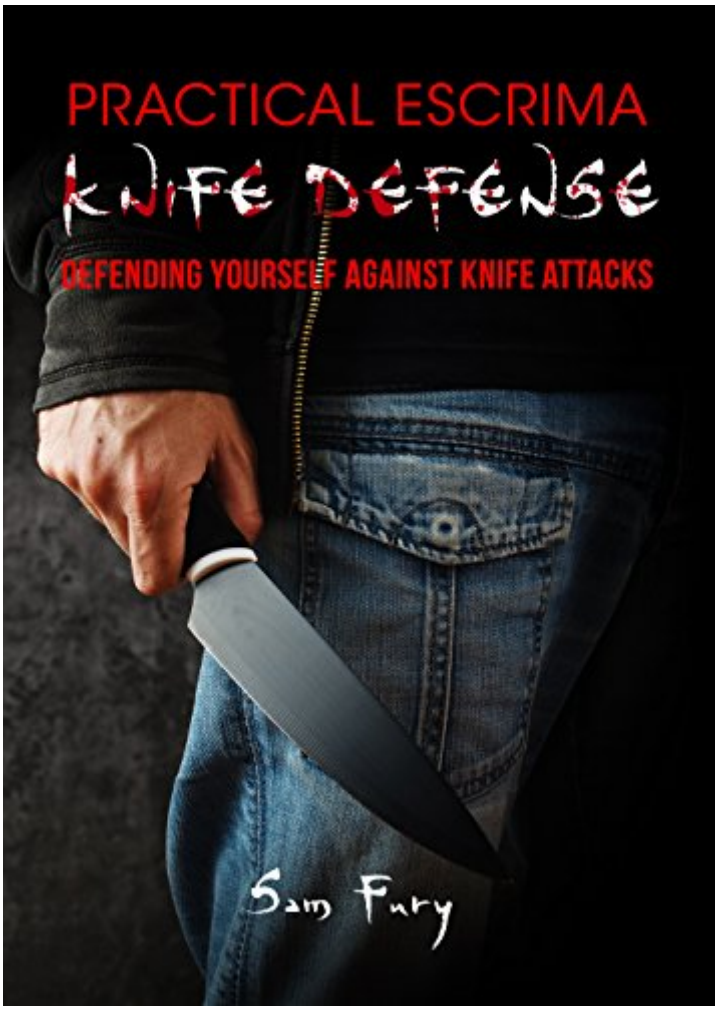
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Practical Escrima Knife Defense: Defending Yourself Against Knife Attacks (Vortex Control Self-Defense Book 2)



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Synopsis

Discover Highly Practical Knife Defense Techniques!Practical Escrima Knife Defense: Defending Yourself against Knife Attacks is the second volume in the Vortex Control Self-Defense Series.The focus of this book is on knife-defense. Knife-defense is the ability to defend yourself against an attacker that has a knife when you are un-armed.Written with the approval of Peter Sunbye (the creator of Vortex Control Self-Defense), Practical Escrima Knife Defense covers everything you need to know in the knife defense portion of Vortex Control Self-Defense.Practical Escrima Knife Defense Includes40+ knife disarming techniques!Knife training flow drills so you will be able to apply the techniques instinctively.Disarm, induce pain, break his limb, and/or make him stab himself!Techniques for all angles of attack.... and much, much more!LOOK INSIDE Practical Escrima Knife Defense: Defending Yourself against Knife Attacks to see everything thatÃ¢â ¬â„¢s included!*** Excerpt from VortexControlDefence.com ***There is an ongoing debate about the efficiency and real usability of different defenses against knives and sharp objects. Also, there are different opinions on the focus of the defense. Our system (Vortex Control Self Defense - VCSD) attacks the attacker as well as the knife wielding hand.The Ã¢â ¬Å“block/grabÃ¢â ¬Â• knife defense system by GM Larry Alquezar is the foundation of our system. It has been shown to be very effective in the use against other objects. This foundation is instilled into the practitioner through flow drills, retention drills, and extension into realistic use.*** End of Excerpt ***Get your copy of Practical Escrima Knife Defense NOW and be ready for any knife attack!Read Practical Escrima Knife Defense and you will learn everything you need to be able to train in, apply, and progress, in this highly practical method of modern knife fighting defense.Clear and simple instructions.Easy to follow diagrams.Suitable self-defense for women, men, young, and old!Practical Escrima Self-Defense BonusesGet access to all the latest Survive Travel publications FREE!Bonus chapters Vortex Control Self-Defense Principles and Knife Attack.Learn the best way to attack when you are the one with the knife.The use of power angles for an unbreakable defense.Simple yet devastating fighting strategy following military principles of warfare.The concept of "weaponizing" to get the most damage out of all your movements.Harnessing gravitational forces to maximize power in all your strikes.... and much, much more!Get your copy of Practical Escrima Knife Defense NOW and be ready for any knife attack!

Book Information

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Customer Reviews

Too many authors writing too many books on this topic. Sam Fury is one of only a handful of writers who knows what he is talking about: he is a martial arts expert and was in the military. As with any topic, the person you should listen to is the one with the most experience. Sam Fury has that experience. Recently I had a encounter with someone and had no idea how to defend myself reading this book has taught me the necessary skills to defend myself. This book is one of the best on the topic.

Sam Fury does an excellent job via this book in providing the necessary information you need to defend themselves from a would-be knife attacker. I urge you to read this book - you'll be glad you did!

Good info. Sometimes hard to interpret due to language difference. Overall, pretty good.

brief but practical look at a serious sybject

If any of you want to know the art of knife defense then this book is perfect for you. The author put a lot of effort in writing this book and I can vouch for his knowledge about the topic. It was very informative and detailed that even if you are just reading the book, you can actually visualize how the process works. Perfect self defense book to read about.

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